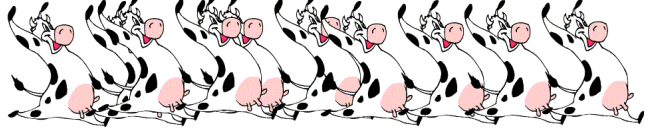


Cow Chip Cross Country Run



Presented By MacKenzie's Pharmacy-
Trumbull Ctr.

Go to www.clubct.org for registration & info

GREAT COURSE* on FIELDS, TRAILS, & maybe some mud - 'LOADS OF FUN' naturally
First place prizes supplied by 'TrailHeads'

This year at the **Vo-Ag** building on **Trumbull High Campus** because of construction at THS
16th annual & quite possibly the last **9:30 AM** **Saturday Nov. 26**

****Usually 3 Miles but Course Distance & direction is subject to change at the whim of the Race Director !**
Generally we wait till a few days before to try and find the muddy, puddled areas...

You don't have have trail experience! It's a great run thru the fields & trails at THS to work off those Thanksgiving calories!

We will probably have a raffle -The rest of the proceeds will go to the THS Girls' Cross Country Team for uniforms!

Remember: this is a fun, casual, happy run revolving around an event of immense, brown proportions!

Don't come here looking for all kind of age group awards & trophies that gather dust on your shelves.

We'll have some fun stuff appropriate to our theme. BRING OLD SHOES just in case it's mushy or something.

NOTE: ** With THS under construction please park at the Hillcrest Middle School lot

EVENT SCHEDULE

8:00 am Registration starts (till 9:15) in the VoAg Building**

9:30 am The Cow Chip run starts

10:00 am **We bring out the brown food**

11:00 am Unique Awards ceremony & raffle begins

ANOTHER EVENT BY M.S. RUNNING PRODUCTIONS LLC

"Dedicated to give you the best runaround possible"

Race Director Marty Schaivone mrunningproductions@yahoo.com

HERE'S WHAT YOU'LL GET

* LONG sleeve T-shirts to all pre-reg. & first 75 on race day

*Unique assortment of prizes, awards and giveaways

*No fancy age group awards ! Just a lot of left over prizes.

*Plenty of BROWN food, drink, parking, bathrooms, & changing facilities

DIRECTIONS: I95 exit 27A (rte.25) north/south to exit 9, right- Daniels Farm
8/10 mi. up hill, right on Strobel Rd. (at the barn). Take 2nd drive into school.
Merritt Pky (rte 15) exit 49N to exit 9, follow above. **Rte 25 South**-exit 9-left

Please cut here-BUT don't run with scissors!

Check Payable & Mail to: MS Running Productions c/o Marty Schaivone 245 Laurel St. Stratford CT 06615

Please print neatly so I can read it!

LAST

FIRST

STREET

CITY

STATE

ZIP

SEX

BIRTH DATE

AGE-RACE DAY

SHIRT SIZE

DAY PHONE

/ /

Sm M L XL

()

ADULT Pre registration \$20- rec'd by 11/19

Participant will be entered into the raffle

\$25 FOR EVERYONE ON RACE DAY

Pre-reg, save \$\$ & guarantee a fabulous shirt!

High School & under pay only \$15 on Race Day

Bring exact bills or checks on race day

PLEASE UNDERSTAND THAT THIS EVENT IS RAIN OR SHINE & NON-REFUNDABLE. Remember this event & its proceeds are for the Trumbull High School Girls XCcountry Team.

I hereby release MS Running Productions LLC, the Board of Ed. and Town of Trumbull, Club CT, all personnel involved, volunteers, any co-sponsoring company(ies), agency(ies) from responsibility, from any injuries or damages I may suffer as a result of my participation in the Cow Chip Run. I hereby certify that I am in good condition & am able to safely compete in this event. I will additionally permit the use of my name & pictures in print & broadcast, etc. As a participating athlete I certify that the information provided by me in this form is true & complete. I have read the entry information provided for the event & certify my compliance by my signature below. I promise not to complain about the weather or anything else for that matter to the race director who is working his butt off for me. I will have a good time & say thanks to the sponsors & volunteers & think about volunteering myself someday. And if I read this & draw a replica of a "cow chip" near my name I may be eligible for a special prize.

Signature of entrant

(or parent if under 18 yrs)

YOU MUST SIGN HERE

Please DON'T mail this after 11/16. We can't guarantee shirt size/availability if you do. It is Thanksgiving week and printers don't do shirts after Tuesday.

Plus, I'd like to eat some turkey in peace. Save \$5 & mail early

Your Email helps us: _____

We will be able to notify you with changes, problems, or a cancellation

Thanks to our sponsors **MacKenzie's Pharmacy • Vazzy's Restaurant • Porricelli's • Trailheads**

Go to www.clubct.org to register online until Friday 11/25 – noon deadline